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# RUSH-HENRIETTA CENTRAL SCHOOL DISTRICT

Modified Sports
Burger & Roth
For school year
2023-24

#### 2023-24 R-H Athletics Calendar

#### **Fall 2023**

August 19: V/JV Football starts

August 21: All Varsity/JV Sports start

August 28: All Modified Sports start (or after school starts, depending on sport)

September 5: First day of school for students

October 7: Homecoming

October 9: Columbus Day: Schools closed

#### Winter 2023-24

November 13: All V/JV Sports start

November 10: Veteran's Day (observed): Schools closed

November 27: All Modified Sports start

November 20-21: Superintendent's Conference Day: No school K-12

November 22-24: Thanksgiving Recess

December 25-January 1: December Recess

January 15: Martin Luther King, Jr. Day: Schools closed

January 26: Grading Day: Schools closed

February 19-23: Winter Recess

#### **Spring 2024**

March 11: All V/JV Spring Sports start

March 18: All Modified Sports start

March 29-April 8: Spring Recess

May 24-27: Memorial Day Recess: Schools closed

## **R-H Sports Modified Team Guidelines\***

\* The Monroe County Public School Athletic Conference (MCPSAC) will pilot a program for this fall in boys' and girls' soccer and girls' volleyball. Instead of Mod A and Mod B, it will be Modified, with students in grades 7-9 eligible. The divisions will be divided by ability, not grade. Mod 1, Mod 2, and Mod 3.

The idea is to be more in line with the rest of the state with our modified programs. Most sections do not have A or B, just modified, grouped by ability/experience. The league will also pilot it for girls' and boys' basketball in the winter.

#### 2023-24 R-H Modified teams are as follows:

Fall Season 2023: 1 Mod B football team, 4 Mod soccer teams (2 boys and 2 girls), 1 Mod B cross country team (boys and girls), 3 girls' Mod volleyball teams, 1 Mod B boys' volleyball team, and 1 Mod A cheerleading team.

Winter Season 2023-24: 1 Mod B wrestling team, 2 girls' Mod B basketball teams, 1 Mod A girls' basketball team, 2 boys' Mod B basketball teams, 1 Mod A boys' basketball team, 1 Mod B swimming team (boys and girls), and 1 Mod A cheerleading team.

Spring Season 2024: 1 Mod B track team (boys and girls), 1 Mod B girls' lacrosse team, 1 Mod A boys' lacrosse team, 1 Mod A softball team, 2 Mod B softball teams, 1 Mod A baseball team, and 1 Mod B baseball team.

#### The number of teams may change, depending on the number of students registered for each sport.

Modified B sports teams are for students in grades 7 and 8. Funding is set aside each year to offer the same Modified B teams at both Burger and Roth junior high schools. In cases where there are not enough students to field a Modified B team at each school, one combined district-wide team or two blended teams will be created.

Combined district-wide teams (Burger and Roth) include football, cross country (boys and girls), boys' lacrosse, boys' volleyball, wrestling, track & field (boys & girls), tennis (boys and girls), swimming (boys and girls), and cheerleading.

Blended teams are created when one school has too few players to field a team and the other school has more than enough players to field a team. When this occurs, two blended teams will be created – teams with players from each school. One blended team will be hosted by Burger and the other by Roth. An example is boys Modified soccer, which frequently has two blended teams.

#### Q & A: What teams do we offer each year to provide a comprehensive JHS athletics program?

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Fall	Winter	Spring
Football (Mod B)	(B/G) Basketball (D1, 2, & 3)	Girls' Lacrosse (Mod B)
(B/G) Soccer (D1, 2, & 3)	Wrestling (Mod B)	Baseball (A & B)
(B/G) Volleyball (D1, 2, &3)	Cheerleading (Mod A)	Softball (A & B)
(B/G) Cross Country (Mod B)	(B/G) Swimming (Mod B)	(B/G) Track (Mod B)
Girls' Tennis (Mod A)		Boys' Lacrosse (Mod A)
Cheerleading (Mod A)		Boys' Tennis (Mod A)

#### How are schedules established for these teams?

Schedules are established by the league, the Monroe County Public School Athletic Conference (MCPSAC).

#### How are players selected for teams?

Team coach(es) select players during a tryout process. The tryout guidelines are included in the parent/student athletic handbook.

#### Will afterschool transportation be provided?

Transportation for sports includes after school shuttle buses within the district to transport kids to indistrict sites if they practice at a different school than they attend. We also use our buses for all away games. We don't have late buses to transport students home after games/practices.

#### How often is practice?

Practice is generally Monday – Friday after school. There is an after-school study hall at Burger and Roth for teams where coach can't get there until a bit later (3:45pm-4:00pm).

#### What are the eligibility rules for these players?

Participation in our program is not a right, but rather a privilege earned by meeting certain eligibility standards, in both academic and conduct terms. The eligibility rules are included in the parent/student athletic handbook and abide by District Policies 5280 (Interscholastic Athletics) and 5305 (Eligibility for Extracurricular Activities).

#### When can JHS students play on SHS teams? (Varsity and JV)

Students in grade 9 are eligible to try out for SHS teams (V/JV). Students in grades 7 and 8 who are *exceptional athletes* may try out for a JV or varsity team.

Prior to trying out, the student <u>must</u> be recommended by the coach (see APP process in R-H Parent/Student handbook).

#### If a student-athlete does not make a JV team, can he/she try out for modified sports?

Yes, students in 9<sup>th</sup> grade who do not make a JV team may try out for Modified A sports only. However, with this year's pilot program in place in girls' volleyball, girls' and boys' soccer, and girls' and boys' basketball, students in grades 7-9 who do not make a JV team may try out for those modified teams. 7<sup>th</sup> & 8<sup>th</sup> grade students would be eligible for both Modified A & B. Students would also be permitted to join/tryout for a different team as long as the roster allows. For example, if they did not make the soccer team, they could join the cross-country team.

#### How will I know when my son/daughter is approved to try out?

After you register in Arbiter (FamilyID), you'll receive an email when approved or if additional information is needed.

#### What if I don't have all my paperwork to register (i.e., physical is scheduled in two weeks)?

Register while it's open and you can update it with new information as needed.

#### **Rush-Henrietta TRYOUT Guidelines**

The coach has the ultimate authority to determine the number of participants to make each team. It is imperative that we support the coach throughout this process. When determining the size of the team, many factors must be considered, such as: skill level, safety, quality of the program, facility space, time constraints, budget, playing time, team chemistry, and additional factors.

The athletic department recognizes these concerns and is striving to maximize the options available for student athletes in the athletic arena as participants or supporters of the program.

#### TRYOUT PROCEDURES:

- Choosing the members of the various athletic teams is the responsibility of the coach.
- Before tryouts begin, coaches will provide team information to all candidates. Such information shall include:
  - Length of tryout period.
  - Objectives used to select the members of the team.
  - Number of positions that will be selected and criteria involved in selection-positions needed, etc.
  - Sharing of practice and competition schedule (Activity Scheduler). The coach will explain the commitment necessary to join the team.
  - Clear notification that tryouts are based on the performance during the selection period. Tryouts are not based on summer participation or coaching camps the athletes participated in, previous to selections.
  - Students must tryout each year and no one is guaranteed a position due to previously making the team.

All athletic sports teams will implement the following procedures in selecting team members:

- (1) Try-outs will be open to all eligible students interested in trying out with the exception of 7<sup>th</sup> or 8<sup>th</sup> grade students trying out for a JV or varsity team. In this case students <u>must</u> be recommended by the coach (see APP process).
- (2) There will be no "invitation only" policy used by any sport to determine who may try out for any team.
- (3) The coach will use a skills test (rubric) to judge and rank the skills of each player. Some additional factors coaches will look for when choosing the team will be attitude, grades, personality, playing ability, and character qualities.
- (4) There will be a minimum of three practices before any student will be cut from the team.
- (5) Parents may not request that their son or daughter be moved up to varsity or to a higher-level team. If a coach wants to promote a player to the varsity level, he/she will ask parents for their permission. RH coaches will not move a player from the JV squad to the Varsity squad unless the player will be a starter or major role player at the varsity level. The quality of our athletes is continually improving and players just showing up for tryouts will not guarantee a spot on any team. Athletes should be working during the off-season at open gyms, camps, clinics, etc. to improve their fundamental skills in order to make the cut.

### Family ID is now called Arbiter

From R-H Website main page (rhnet.org), click on Athletics.

Then click the link to begin registration
There are several options to choose from for help (see below)

Registration

Click here for Arbiter Registration (formerly FamilyID)

 Click here for Arbiter Registration (formerly FamilyID) Instructions

This is a great resource to help you to register with Arbiter. Following are a few articles to get you started:

First Time Registration

**Existing Users Registration** 

Video: New User Registration

Video: New User Registration

All schedules are subject to change. For updated information about games, times, cancellations or postponements, please visit:





#### Click on athletics/all schedules

All Monroe County Schools are current subscribers of the same athletic scheduling program. Our website is directly connected to this program, which includes *driving directions* to all events as well as all MCPSAC sports schedules.

#### Get the Free Mobile App

Get the App at your App store by searching "Activity Scheduler." This mobile calendar allows you instant access to your school's Calendar, Schedules and Rosters.

It will ask you what state and then what league. We are the Monroe County Public School Athletic Conference. The final step is choosing Rush-Henrietta as the school.